



QUESTIONS TO CONSIDER WHEN DETERMINING DRIVING READINESS

This list of questions was developed by autism and driving safety researchers at Children's Hospital of Philadelphia (CHOP) to assist teens and young adults with autism spectrum disorder (ASD) – and their parents – who are considering driving. We recommend you discuss these questions as a family and with your team of support professionals, including your physician:

- Do you feel you/ your teen or young adult consistently demonstrates good judgment and maturity at school, around peers, and at home?
- Are you/ your teen receptive to constructive criticism and instruction?
- Do you/ your teen demonstrate knowledge of the rules of the road and other skills taught in driver education classes? If not, does you need specialized instruction or a driving assessment?
- Are you/ your teen agreeable to practicing driving with a skilled adult prior to driving independently? If so, is there an adult who is willing and able to serve in this important role?
 - [PREVIOUS RESEARCH](#) showed that teens with ASD were more likely to be licensed when they had a parent who had previously taught a teen to drive.
- Are there any medical or behavioral conditions (such as significant visual impairment) that may prevent you/your teen from driving safely?
- Are there medical interventions that may be needed to ensure safe driving behaviors, such as treatment with ADHD medication if you/your teen has symptoms of ADHD?

Related Articles:

- [GETTING AROUND: IT'S A MATTER OF INDEPENDENCE](#)
- [DRIVING AND ASD: DETERMINING READINESS](#)

Additional Resources:

- [DRIVING AND AUTISM FROM A PARENT'S PERSPECTIVE](#)
- [DRIVING IN TEENS WITH AUTISM, FROM CHOP'S CENTER FOR INJURY RESEARCH AND PREVENTION](#)
- [THE CHALLENGE OF DRIVING WITH ASPERGER'S, FROM THE *NEW YORK TIMES*](#)
- [DRIVEWISE AND DRIVEADVISE, FROM THE BETH ISRAEL DEACONESS MEDICAL CENTER](#)
- [DRIVING AND AUTISM](#)

- **FACTORS ASSOCIATED WITH DRIVING IN TEENS WITH AUTISM SPECTRUM DISORDER**

The Center for Autism Research and The Children's Hospital of Philadelphia do not endorse or recommend any specific person or organization or form of treatment. The information included within the CAR Autism Roadmap™ and CAR Resource Directory™ should not be considered medical advice and should serve only as a guide to resources publicly and privately available. Choosing a treatment, course of action, and/or a resource is a personal decision, which should take into account each individual's and family's particular circumstances.

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